

Player education- TPS Youth Football

Matthias Ahonen, Youth Coordinator

TPS Youth Football (registered association)

- Class teacher, 42 years old
- Football coach since 1998
- In TPS since 2008
- 1998-2002 Åbo United, 2002-2008 ÅIFK
- Finnish FA B-licenced coach 2004



FC TPS TURKU
OY



TPS YOUTH FOOTBALL

TPS YOUTH FOOTBALL 2010

EMPLOYEES, COACHES, TEAMS JA PLAYERS

FC TPS Turku Oy

- MANAGING DIRECTOR
- FULL TIME COACHES
- SALES AND MARKETING

TPS YOUTH FOOTBALL

- YOUTH COORDINATOR (full time)
- OFFICE MANAGER (part time)
- COORDINATOR OF THE GIRLS SECTION

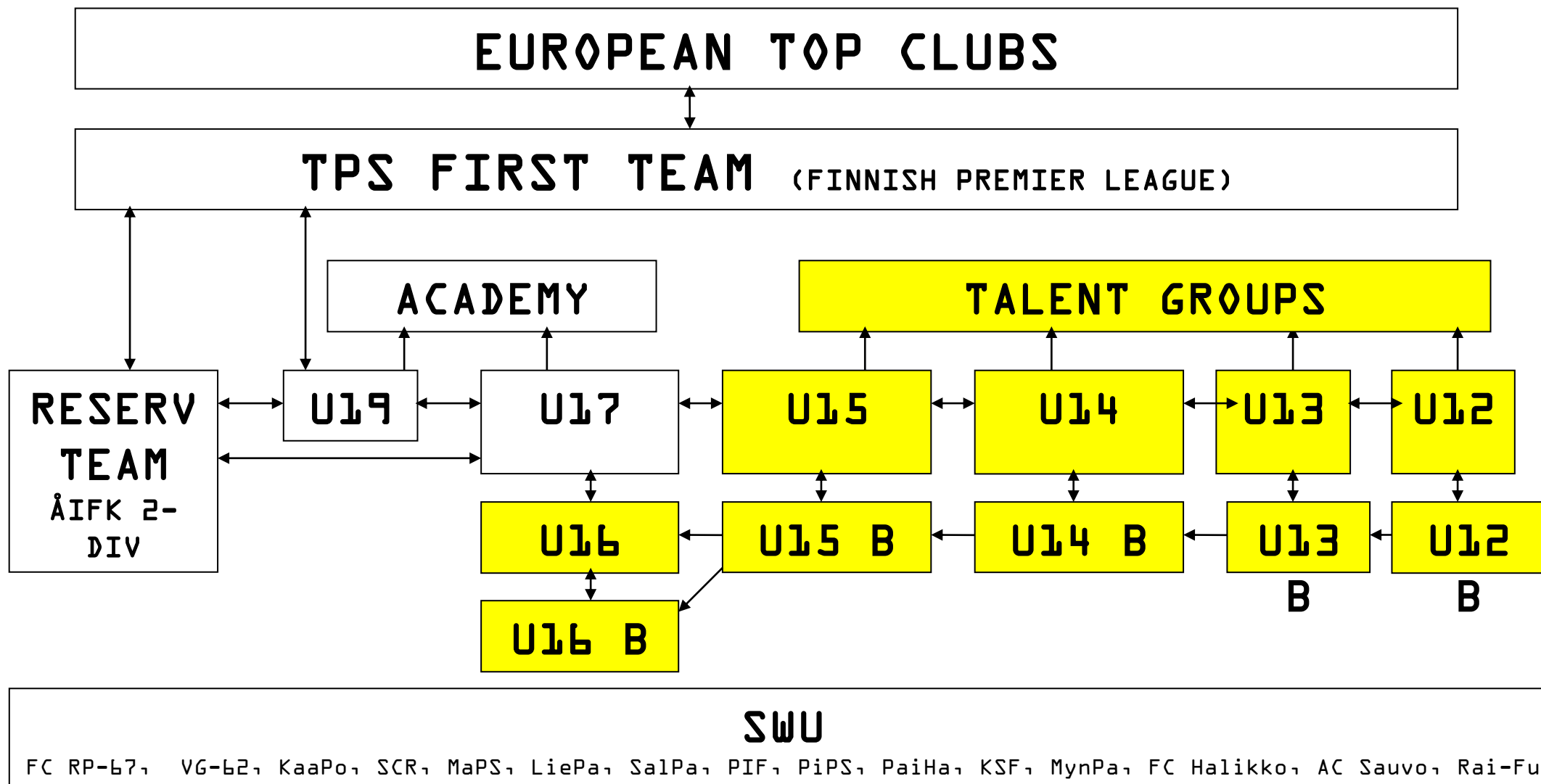
GIRLS

- 10 TEAMS (playing teams)
- APPR. 180 PLAYERS
- 8 HEADCOACHES
- 8 ASS. COACHES
- 7 FINNISH INTERNATIONAL YOUTH PLAYERS
- 24 + PLAYER IN THE TALENT GROUPS

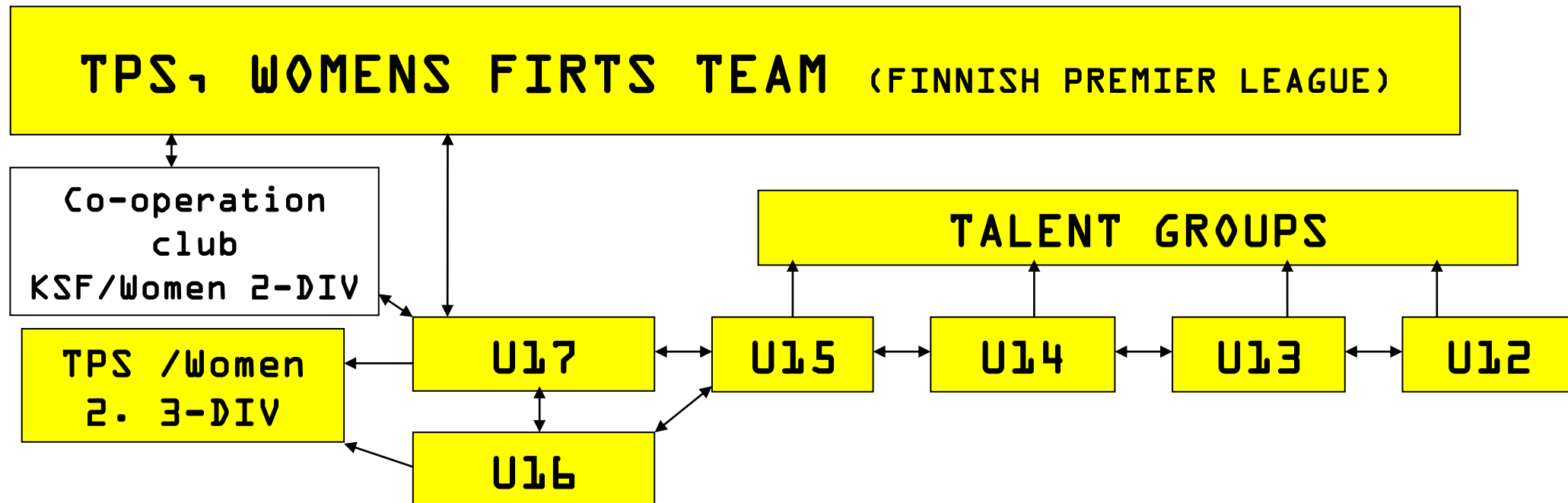
BOYS

- 17 TEAMS (playing teams)
- APPR. 290 PLAYERS
- 10 HEADCOACHES
- 20 ASS. COACHES
- 10-15 ACADEMYPLAYER
- 10 FINNISH INTERNATIONAL YOUTH PLAYERS
- 24 + PLAYER IN THE TALENT GROUPS

TPS TEAMSTRUCTURES, BOYS 2011



TPS TEAMSTRUCTURES, GIRLS 2011



SWU

FC RP-67, VG-62, KaaPo, SCR, MaPS, LiePa, SalPa, PIF, PiPS, PaiHa, KSF, MynPa, FC Halikko, AC Sauvo, Rai-Fu

MAIN GOAL FOR OUR WORK?

- TO EDUCATE PLAYERS FOR OUR FIRST TEAMS



FINNISH CUP FINAL 25.9.10:

HJK - TPS 0-2 (0 - 1)

Starting eleven TPS:

- # 3 Kalle Mäkinen
- # 11 Mika Ääritalo
- # 6 Jaakko Nyberg
- # 12 Jukka Lehtovaara (GK)
- # 7 Sami Rähmönen
- # 13 Toni Kolehmainen
- # 8 Jarno Heinikangas
- # 16 Jonathan Johansson
- # 9 Mikko Manninen
- # 17 Roope Riski
- #10 Riku Riski

Has played in TPS youth teams

FORMER TPS PLAYERS IN EUROPEAN CLUBS 2010

- Niklas Moisander (AZ Alkmaar, Dutch Premier league)
- Peter Enckelman (Cardiff City, English Championship)
- Kasper Hämäläinen (Djurgårdens IF, Allsvenskan, Sweden)

PLAYER EDUCATION IN TPS YOUTH FOOTBALL

KEY FACTORS IN PLAYER EDUCATION

- 1) HIGHLY MOTIVATED AND EDUCATED COACHES
- 2) OWN COACHING PLAN (valmennuslinja)
- 3) INDIVIDUAL COACHING
- 4) OPTIMAL TRAINING CONDITIONS

1) MOTIVATED AND EDUCATED COACHES

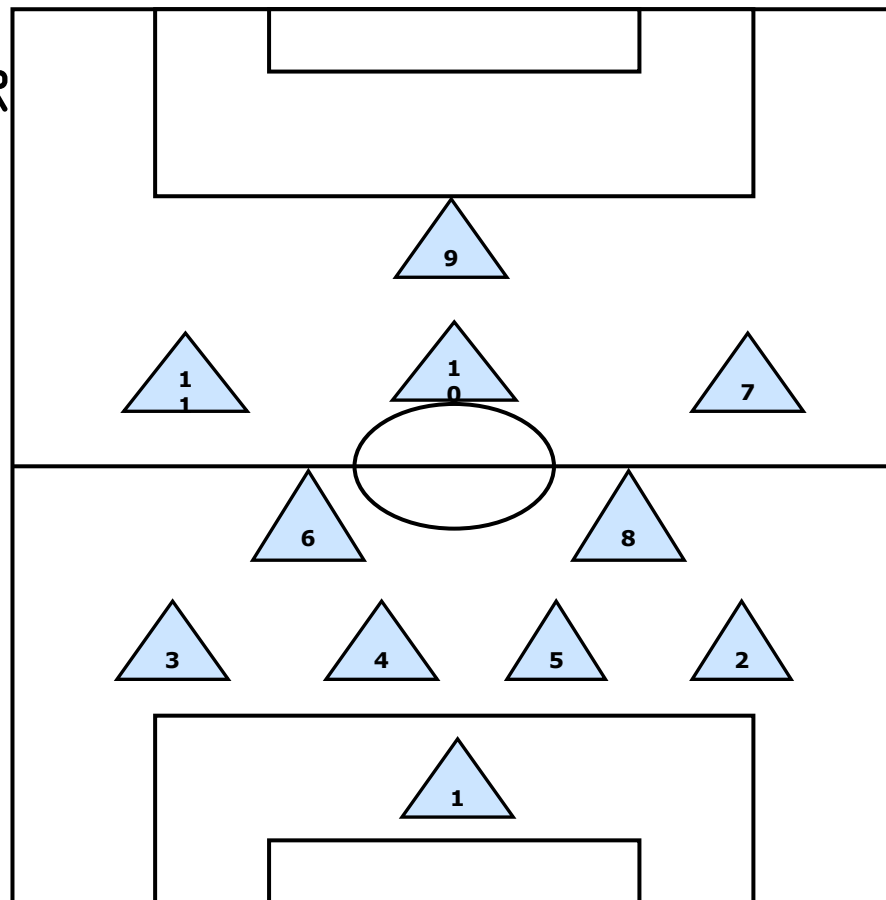
- At least B-licensed (Finnish FA-license) headcoaches in our best youth teams (1. and 2. teams)
- Our coaches are updating their license to the UEFA standards
- The club supports further education by financing courses for our headcoaches
- For each coach we make an own education plan
- The club provides 3-4 internal "education days" with different themes including training sessions

2) OWN COACHING PLAN (VALMENNUSLINJA)

- TPS has an own coaching plan (2004), which was made by Mika Laurikainen
- Updating of the coaching plan has started for a few weeks ago, and we hope that we will get it finished to the end of this year (2010) ,
- The main purpose of a coaching plan is to support our coaches in their daily work.
- The coaching plan gives clear frames for the direction TPS wants the player education to go and what kind of "END PRODUCTS" (players) we want to have
- According to our coaching plan, a typical TPS player in general is ... "skillfull, fast and strong in 1 against 1 situations. He makes right decisions on his position, he is able to read the game and communicate with good self-confidence. TPS player is mentally strong: he knows his strength, dares to say his opinion and accepts other opinions"

TPS PLAYINGSYSTEM

1-4-3-3 OR
1-4-2-3-1-



3) INDIVIDUAL COACHING

- In the youth teams we have appr. 10-13 players/1 coach, which makes it possible to practise in smaller groups
- In the same team the players are mainly practising in different skillgroups → more skillfull players practise more often together
- Most talented players in each teams have 1 trainingssession more per week (in the training season, december-april) , than other players in the team
- The talentcoach has 4 traininggroups and in each group there is maximum 12 players
- Each goalkeeper in the team gets 1-2 times a week special training with a goalkeepercoach

4) OPTIMAL TRAINING CONDITIONS

- TPS has an own football pitch (63 m x 42 m) with artificial grass
- The teams have the possibility to train the whole season on our own pitch
- In october we transform it to an "indoor arena". (picture below)
- The temperature inside the arena in inter is clearly over the freezing point





TALENT GROUPS

- It is aimed for the most talented U12-U15 TPS-players (2010, 50 youth players)
- 4 talent-groups: Boys U12 -U13, U14- U15, Girls U12-U13 and U14-U15
- Each group with maximum 12 players has 1 training session/week (december-april)
- In the playing season (may-oktober) the talent training sessions are inside the team training, 1 session/2 weeks
- More individual training, less team training
- Purpose with the talent training is to: 1) strengthen the players strong skills and 2) improve weak sides of the player
- We evaluate (player-card) the development of the players 3 times a year
- We also film (on DVD) the technical skills of some players

CHALLENGE FOR THE NEAR FUTURE

FULL TIME HEADCOACHES?

- Do we have/find coaches who want to change their sure job for a more unsure job as a full time headcoach ?
- How to finance? What can the Finnish FA do?

TRAINING GROUPS OF 30 PLAYERS IN THE BOYS SIDE!

- Is the group too big? Do we have 30 competitive players in each age group?
- Is there real competition of the positions in the 1st team in each age group?

WHAT MORE CAN TPS DO FOR OUR TALENTS?

- More individual training (for example in the summer)?

THANK YOU FOR
LISTENING AND HAVE
A NICE TIME AS OUR
GUEST HERE IN
TURKU...AND



SYDÄN PELISSÄ

